

Thank you for inquiring about volunteer opportunities with the Orange County Food Bank.

At the Orange County Food Bank there are several meaningful opportunities for you to contribute to feeding vulnerable seniors, people with disabilities, and low income families, including:

### **Food Bank Warehouse/Food Box Packaging**

On a daily basis, volunteers work side-by-side to the beat of music packing food boxes that are distributed to hungry people in Orange County and surrounding areas. There are work assignments appropriate for volunteers of all ages and physical abilities. Adult supervision is required for young children. Volunteers should wear comfortable clothing, appropriate attire, and need to wear closed-toed shoes. Individuals, families, and groups of 80 or more can be accommodated. This is a great team building opportunity for corporate groups and an ideal community service project for service organizations, schools and churches. Volunteers are needed Monday thru Friday from 9:00 a.m. to 4:00 p.m. The Food Bank is also open to volunteers most Saturdays from 8:30 a.m. to 10:30 a.m. and 11:00 a.m. to 1:00 p.m. Groups of 25 or more may schedule their own unique volunteer session during the work day, in evenings or on weekends, based on availability. The average volunteer session is 2 hours, but you may stay longer or shorter periods of time. Individuals and families may often be accommodated at the last moment. Groups often need to schedule in advance because some sessions fill up. Group volunteer events typically begin with a brief tour of the Food Bank and a presentation describing poverty and hunger in Orange County.

Schedule your volunteer experience by contacting Andre Gaithe at (714)897-6670 Ext. 3493, or [agaithe@capoc.org](mailto:agaithe@capoc.org).

### **Food Bank Office**

Like most workplaces, the Food Bank has a lot of paperwork and administrative duties. Individuals are needed to help with data entry, phone work, filing, and related tasks. Volunteer opportunities in the office are generally available Monday thru Friday 8:00 a.m. to 5:00 p.m. To schedule a time to volunteer in the office, please contact Dao Vu at (714) 897-6670 ext. 3616, or [dvu@capoc.org](mailto:dvu@capoc.org).

### **Food Drive**

The demand for food from the Food Bank typically exceeds the available supply. To plan a Food Drive in your neighborhood, or at your company, school, or church, please contact Kristin Kvesic at (714) 897-6670 ext. 3604, or [kkvesic@capoc.org](mailto:kkvesic@capoc.org).

### **Longer Term Commitments**

If you are interested in volunteering several hours per week for an extended period of time, Food Bank personnel can train you to work one-on-one with people in crisis, helping them access needed services. There may also be opportunities to volunteer to assist in planning special events. If you wish to pursue these opportunities please contact Mark Lowry at (714) 897-6670 ext. 3601, or [m\\_lowry@capoc.org](mailto:m_lowry@capoc.org).

## **Monetary Donations**

Tax deductible donations can be made by credit card by logging onto [www.ocfoodbank.org](http://www.ocfoodbank.org) and clicking onto “Donate Now” or sending checks to the Orange County Food Bank, 11870 Monarch Street, Garden Grove, CA 92841. If you want to coordinate a fundraising event in support of the Food Bank, please contact Mark A. Lowry at (714) 897-6670 ext. 3601 or [mlowry@capoc.org](mailto:mlowry@capoc.org).

## **Research**

High school students, college students, graduate students, and educators may help measure the extent of poverty and hunger, and identify effective strategies for addressing social problems. Explore participating in research projects by contacting Alan Woo at (714) 897-6670 ext. 3400, [awoo@capoc.org](mailto:awoo@capoc.org).

## **Other Opportunities**

The Orange County Food Bank is a program of the Community Action Partnership of Orange County (CAPOC). Throughout CAPOC there are other opportunities for civic engagement, including:

- ANAHEIM INDEPENDENCIA FAMILY RESOURCE CENTER  
Work directly with seniors and youth in a variety of activities at a Community Center. Contact Rosa Renteria at (714) 826-9070, [rrenteria@capoc.org](mailto:rrenteria@capoc.org).
- EL MODENA FAMILY RESOURCE CENTER  
Work directly with seniors and youth in a variety of activities at a Community Center. Contact Maribel Reyes at (714) 532-3595 ext. 4, [mreyes@capoc.org](mailto:mreyes@capoc.org).

If you have any additional questions regarding connecting with a meaningful volunteer opportunity, please contact Mark Lowry at (714) 897-6670 ext. 3601, or [mlowry@capoc.org](mailto:mlowry@capoc.org).